



Northview Senior Citizens

Newsletter

Nov. Dec. '22 & Jan. '23

**Find the Freebie
on Page 16 of the newsletter!**

Openings

AFL Heroes Next Door 9/29/22 @ 2:30
Michigan Heroes Museum
AFL Take Time for Joy 10/20/22 @ 2:30
Todd and Brad Reed Photography
October Luncheon 10/11/22 @ noon

Waitlists Needed

Waitlists help us ensure that every trip is full,
and if someone has to cancel, we can issue
them a full or partial refund. Also, you don't
have to pay unless you get a spot!
It's a win/win situation!

IKEA and The Container Store 11/21/22
Broadway Grand Rapids: Tootsie! 10/11/22
Create & Take: Put Art in Your Life 10/24/22

Contact Info

Make checks payable to *Northview Public Schools*

Mailing address

**Northview Senior Citizens
4365 Hunsberger N.E.
Grand Rapids, MI 49525**

Site of Program

**Plainfield Senior Center
5255 Grand River Dr. N.E.
Grand Rapids, MI 49525**

Christine Friedt, Program Director
Holly Young, Program Assistant
Terri Karafa, Program Assistant
Marcie Bergstrom, Program Assistant
616-365-6150 NorthviewSeniors@nvps.net

Registration Date

Monday, October 3 at 9 am

(not one minute before) Registration opens
for activities in this newsletter for members.
Registration details can be found on page 9.

Raffle Time!

Raffle tickets are now available for purchase.
Cost is \$5 for 6 tickets.
Tickets will be for sale until our drawing at
the Christmas Luncheon on December 13,
2022. You do not need to be present to win.
There are dozens of \$25 gift cards in addition
to the grand prize of \$150 cash!

♥ **Thank you for supporting the
Northview Senior Citizens program
through your ticket purchase. ♥**

Our generous prize donors:

Covenant Living of the Great Lakes
Heron Woods Retirement Community
Oasis Senior Advisors
Carrier Law
Laura Kelso of Kelso Homes
Leaves Personal Care
Hulst Jepsen Physical Therapy
Life EMS
Care Resources PACE
Emmanuel Hospice

Winter Weather Policy:

If Northview Public Schools are closed for a
SNOW DAY then the Plainfield Senior
Center will be closed for programming,
and all events are cancelled.

Apprentice For Life

Apprentice for Life Lecture Series

Held at the Performing Arts Center at Northview High School @ 4451 Hunsberger NE
Membership is not required to attend Apprentice For Life lectures.

Grand Rapids' Own Monuments Man! **Thursday, November 17, 2022 @ 2:30pm**

As depicted in the 2014 movie The Monuments Men starring George Clooney, we have our own Grand Rapids Monuments Man! During World War II a group of men and women, from more than a dozen countries, were charged with finding artworks hidden in mines and other places by Nazi Germany and returning them to the rightful owners. Dale Ford, a graduate of Lowell High School and Kendall College was a young officer in the U.S. Army when his orders took him to Germany and an assignment as a Monuments Man. Mr. Ford's daughter will share his story using his letters, photographs and mementos.

About the Speaker: Betsy Ford Maine graduated from East Grand Rapids High School, Albion College and has a law degree from Wayne State University. She practiced law for 25 years before retiring. She is also a certified Master Naturalist, a watercolor artist and a grandmother of six.

*Generously underwritten by
ComForCare Home Care*

With offices in Rockford and Grand Rapids, we can help individuals with daily activities such as hygiene, meal prep, transportation and more. Our caregivers are available as little as a few times per week or 24-hrs a day.

Cost: Free

Reservations Required

King of the Ice: Polar Bears in Svalbard **Tuesday, January 17, 2023 @ 2:30pm**

Kate Dernocoeur is always up for travel adventures that combine her love of travel and her fascination with animals. She recently traveled to Svalbard which is arguably the best place to observe polar bears in the wild. Svalbard is a Norwegian group of islands in the Arctic Ocean. Located on top of the world, it contains endless areas of unspoiled, raw Arctic wilderness. The territory is also home to other iconic mammal species. Main industries are mining and tourism, and hosting a scientific community.

About the Speaker: Kate has a special love for animals, the natural world and remote settings. A former Denver (CO) paramedic and MT-firefighter for Ada Township, she has volunteered with Kent County Search & Rescue K9 unit since 2013 as both a dog handler and flanker. She has spoken several times for our AFL series including "What the Dog Nose Knows" and "What Happens When You Tickle an Elephant's Toes".

Generously underwritten by Heron Woods
Small. Friendly. Affordable. Independent senior living in a convenient neighborhood setting. Heron Woods offers spacious apartment suites, with access to the care you need to live life to the fullest.

Cost: Free

Reservations Required

Presentations



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2420 Coit Ave NE
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Ukraine - Yesterday and Today

****Held at the Senior Center****

Wednesday, November 2 @ 1pm

Since the war in Ukraine broke out in February, many people have unanswered questions. What's really going on? Why did Russia attack? What is the history behind this war? One of the best ways to learn the answers is from a Ukrainian national. Iryna will present Ukrainian cultural and historical background information, as well as share first-hand stories about the war and the people affected by it.

About the Speaker: Iryna Wells was born in Ternopil, a western Ukrainian city founded in 1540 and located on the banks of the Seret. She came to the United States as an exchange student and pursued two Master's degrees in English studies. Her career progressed at IREX, an international non-profit education and development organization. In recent years, she has devoted more time to family and has worked as a freelance translator. Iryna and her husband Bradley have three children and have lived for the last 17 years in Ukraine. At the beginning of the war, their family had to escape Ukraine. They now are safe with their family in Michigan after enduring a difficult trip that took them through Slovakia and Poland.

Cost: Free

Reservations Required



Cooking Demos

Baking with Cheese with the French Tarte!

Thursday, December 8 @ 1pm

Join French trained pastry chef Susan Vandenberg as she prepares savory baked cheesy delights that might just be the perfect addition to your holiday appetizer plate. Cheese straws, parmesan shortbread cookies and savory ricotta tartlets - Yum!

About the Chef: Susan is a former emergency room physician who left medicine to attend pastry school in Florence, Italy and Paris, France. Susan owns and operates her small cottage business, The French Tarte, creating delicious French style pastries, tarts and shortbread. Susan also offers hands-on small group classes in the comfort of your own kitchen.

Cost: \$12

Reservations Required

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Winter Comfort Foods

Thursday, January 19 @ 1pm

The holidays have passed us and now we are left with cold gray winter weather. Join Chef Mark as he brightens up the kitchen with some incredible tasty food to warm the soul. We will learn how to make Tuscan Chicken White bean and Spinach Soup. Then for those nights you want something quick and filling in a single skillet, we will create tortellini baked with vegetables, red sauce and bubbly cheese. We wrap up our time making a tasty and warm twist on the old cold salad with skillet vegetable sauté over mixed greens and a honey mustard sherry vinaigrette.

About the Chef: Mark Kingshott, owner of All In One Chef, creates freshly made meals, intimate caterings, and is a Personal Chef.

Cost: \$12

Reservations Required

NEW Calendar pages will be available on Monday, October 17. In order to provide you with the most up to date listing of Senior Center activities, we are now producing the calendar pages approximately two weeks after registration.

If you would like them emailed to you, please indicate that at time of registration. They will also be available online and at the Center.

Prayers and Concerns

Our condolences to the friends and family of Marie Dennie, Bernice Fellows, and Ralph Leistner

If you, or someone you know who attends Northview Senior events, have had a change in health status, please contact us.

Outings

City Sights: A Minibus Tour

Thursday, November 10 OR Wednesday November 16

Depart at 10am back by noon OR Depart at 1pm back by 3pm (both days!)

We are offering 4 trips for this outing. Please indicate your availability at registration time. If you are travelling with a friend, please register together. The more flexible your schedule, the better your chances of getting a spot!

Do you think you know the city of Grand Rapids? So did we! Whether you are a life-time resident or new to the city, you will be amazed with all kinds of fascinating facts and history as we tour a section of our beautiful city. What started out as just a little bus ride around town is now an annual favorite, and will fill up fast!

About the Step on Guide: Caroline Cook, our guide and Chief Tour Ambassador for Grand Rapids Running Tours, continues to find new routes for us to explore! Occasionally we may step off the bus to see sights more closely. We partner with Caroline for walking tours, Twinkle Tours and AFL lectures.

Cost: \$11

Transportation by minibus

Reservations Required

Is NOW the time to Downsize?

If you have lived in your home for many years, chances are your needs have changed. Get the facts on selling in today's market to make a decision that meets your budget, timeline, and lifestyle.



Laura T. Kelso
Associate Broker
& Northview Graduate

305 HOOVER BLVD. STE 400
HOLLAND, MI 49423



Free



for details visit
GRSavvySeniors.com



FREDERIK MEIJER GARDENS

Starting back up in September 2022

Now on Tuesdays @ 10 am

Tuesday September 13th

Avoiding Scams

Tuesday October 11th

Decluttering for health & Safety

Tuesday November 8th

I SURVIVED my Downsize!

Secure your spot today.

Questions? Call Laura

616.724.7200

Email LauraTKelso@gmail.com

Visit www.LauraTKelso.com

Outings

Jumpstart your Holiday Shopping

Friday, November 11

Depart at 9:45am back by 2:30pm

We had so much fun last year we were asked by many to offer it again this year! This is “progressive shopping” for the holidays!

Our first stop is Eastern Floral on their first day of their Annual Holiday Open House. This family owned and operated florist was named “Best Florist” for 11 consecutive years. The holiday open house really is the perfect event to get you feeling festive! Flowers, trendy home décor, baby gifts, and more! We will enjoy light food and refreshments.

Next, Harder & Warner Landscapes and Boutique Gardens is an impressive four generation family owned business. Along with landscaping services, they’ve developed a retail space offering an eclectic array of gift items, and an ArtPrize Sculpture Gallery featuring six large sculptures.

Finally, Horrocks Market, opened in 2002, is the outgrowth of a local family business that began over 50 years ago. With a beautiful garden center, constantly changing gift department, and specialty grocery items, it’s a fun place to find unique items. Lunch is on your own at Horrocks where they specialize in homemade soups, sandwiches, pizzas, and lots more!

Cost: \$10 Reservations Required
Transportation by minibus.



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(616) 365-5564

Luncheons

Join us for Lunch and Entertainment!

November Luncheon

Held at the Senior Center

Tuesday, November 15 @ noon

Entrée: Roast Turkey

Cost \$8



December Luncheon

Tuesday, December 13 @ noon

Entrée: Baked Ham

Cost: \$8

December Luncheon will be held at:

St. Jude's Church

1120 4 Mile Rd NE

We will be offering a shuttle service with our minibus from a designated area of the church parking lot to the front entrance of the church for those with mobility issues or other concerns about walking.

Look for the cones and signage!



January Luncheon

Held at the Senior Center

Tuesday, January 10 @ noon

Entrée: Meat Lasagna

Cost: \$7

Reservations Required

Membership is not required to attend the December Luncheon

Thank you to our luncheon volunteer teams!



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Ongoing Activities



Matthysse | Kuiper | DeGraaf

FUNERAL • CREMATION • PRE-PLANNING

Locations Serving Our Community

Grandville | 4145 Chicago Drive SW, Grandville, MI 49418
Kentwood | 4646 Kalamazoo Avenue SE, Kentwood, MI 49508
Wyoming | 4031 Clyde Park Avenue SW, Wyoming, MI 49509
Caledonia | 616 E Main Street, Caledonia, MI 49316
Allendale | 6651 Scott Street, Allendale, MI 49401
Stegenga Division | 3131 S Division, Wyoming, MI 49548
Stegenga Belmont | 1601 Post Drive NE, Belmont, MI 49306

www.mkdfuneralhome.com 616.724.1800

Men's Breakfast Club

The last Friday of the month

11/25/22, 12/30/22, 1/27/23

Meet us at New Beginnings Restaurant at 5200 Northland Dr. @ 9am. Breakfast is on your own dime. A casual get together without planned activities or agenda.

Reservations requested, but not required.

Movie & A Meal

This group enjoys going out for a movie and a meal together once a month. Each month the group coordinator selects a movie from the available options at theatres that week, and picks a restaurant to gather for a meal. Each month we send out an email informing everyone on the list of the movie and restaurant, and you can chose whether or not you want to attend that month.

Cost for the movie and meal are on your own.

Contact us to be added to the list if you are not already on it.

Our upcoming dates are:

Fridays - 11/18/22, 12/16/22, 1/20/23

Bingo

1pm at the Center - \$1 for 3 Bingo cards

Tuesday, November 29, 2022

Sponsored by: Heron Woods

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Tuesday, January 24, 2023

Sponsored by: Heritage Life Story Funeral Homes. Celebrating Life, Celebrating Memories. Serving families for over 60 years.
Two locations to better serve you!

Reservations required



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Broadway Grand Rapids

Broadway Grand Rapids Presents:

SIX: The Musical

Wednesday, January 11, 2023

Depart at 6:30pm return by 9:45pm

Divorced, beheaded, died,
divorced, beheaded, survived

From Tudor Queens to Pop Princesses, the SIX wives of Henry VIII take the mic to remix five hundred years of historical heartbreak into an exuberant celebration of 21st century girl power! This new original musical is the global sensation that everyone is losing their head over.

The New York Times says SIX “Totally Rules!” (Critic's Pick) and The Washington Post hails SIX as “Exactly the kind of energizing, inspirational illumination this town aches for! The Broadway season got supercharged!”

Transportation by school bus and/or minibus.

Cost: \$79

Reservations Required

How to Register

- Registration requests may be sent via email (NorthviewSeniors@nvps.net) or voicemail (616-365-6150) only!
- Email registration is preferred.
- Walk in registration is not available.
- Do **NOT** send any payment until you receive email or phone confirmation.
- Every effort will be made to respond to each registration request within three business days.
- If you are traveling with a friend, please register together to ensure you are scheduled on the same date. The person that registers is responsible for passing on confirmation information.
- Multiple calls and cancellations slow down the process for everyone, thank you for being courteous!

We appreciate your patience!

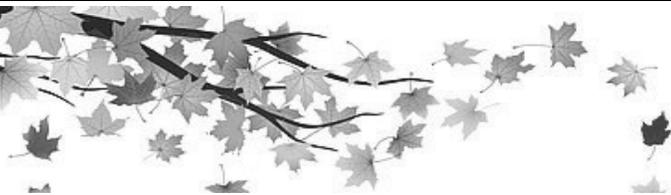
Knitters Needed

Our very own Northview Crafters just sold 100 dishcloths to Robinette's Apple Haus & Winery! We supply Robinette's with knitted dishcloths through out the year.

We are currently very low on dishcloths to sell. Sales from these dishcloths help support the programming at the Senior Center.

Knitters, please give us a hand and make a few dishcloths. You can use your favorite pattern or if you need a pattern and/or yarn, please stop by the Senior Center on Tuesdays (9:30 am - 11:30 am) when The Crafters meet to pickup what you need.

Thank you!!!



Help.

➔ **Holly Young**
Tech Support

616.308.8249

holly.jean.young@gmail.com

Ongoing Activities

Holly's Tech Help

Friday, October 7, 2022

Friday, November 18, 2022

Friday, December 9, 2022

\$25 for 30 minutes, scheduled in advance.

Ask a Realtor

By Appointment Only!

Monday, November 14, 2022

Monday, January 16, 2023

Book Club

Thursdays - 11/10/22, 12/8/22, 1/12/23

Contact us to join a group

Free Attorney Consultation

By Appointment Only!

Monday, November 14, 2022

Monday, January 9, 2023

Speak to a Geek

Hands on help provided by:
The Kent District Library
(held at The Senior Center)

Bring your Laptop, tablet, cell phone, etc.
with you and the "geek" will answer your
questions! Drop in.

Tuesdays - 11/29/22 & 1/17/23

10am to 11:30am

New Member Breakfast

Friday, December 16, 2022 @ 9:30am

Have you joined the Senior Center in the past
year? Are you considering joining but want
more info? Come join us for breakfast.

*Generously underwritten by
StoryPoint of Rockford*

Cost: Free

Reservations required

Thinking of senior living?
This is your sign.



We are grateful to serve the seniors and families in our community,
especially during this time of year. If you've been thinking about
senior living, the time is now. Call us today!

616-326-2570 | StoryPoint.com 🏠 🐾

StoryPoint Rockford 2885 10 Mile Road NE, Rockford, MI 49341

STORYPOINT
Senior Living

Create & Take

Prior to registering, please check out the sample photos of the project on our website, Facebook and the Senior Center bulletin board.

Snowy Tree Planks

Monday, November 28

1pm OR 3pm

Lauren Miller of Golden Canvas will be guiding us to create three beautiful "Snowy Tree Planks." NO painting experience required! Stencils will be used to create the trees with step-by-step instructions from Lauren. Your finished pallet wood planks will look fantastic on your porch, on your fireplace hearth or anywhere you want a touch of rustic art. All supplies are furnished. You will finish a set of three pallets which are 6", 12" and 18" in height. Come join us for this festive, fun class!

Cost: \$37

Reservations Required



Holiday Floral Centerpiece

Monday, December 5

1pm OR 3pm

Kick off the holiday season with a fragrant and fresh long-lasting centerpiece. A combination of mixed wintergreens will provide a wonderful winter smell. Lovely greenery, red flowers, pinecones, small branches and tucks of plaid ribbon will be used to create the perfect design for any space in your home! Approximate dimensions 19"W x 25"H with branches or 9"H without the branches Marisa Rakowski from Eastern Floral will be conducting this class. What a treat to have them back again this year!

Cost: \$34

Reservations Required

Senior Center Closed



November 7 - 8
Election

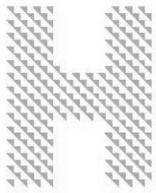
November 24 - 25
Thanksgiving



December 19 - January 1
Christmas Break

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Motorcoach Trip

Art and Architecture

Van Gogh in America at the DIA and The Masonic Temple Tour

Thursday, November 3

Depart at 7am return by 6:30pm

Art & architecture enthusiasts! This is an opportunity to enjoy two unique tours.

First, the Detroit Institute of Art (DIA) is the exclusive venue for the Van Gogh in America exhibit! Van Gogh in America celebrates the DIA's status as the first public museum in the United States to purchase a painting by Vincent van Gogh, his Self-Portrait (1887). On the 100th anniversary of its acquisition, experience around 70 authentic Van Gogh works from around the world. You will also have the opportunity to enjoy as much of the museum as you can in the allotted time. The special exhibition is self-guided. An audio tour provided through an individual's smartphone is available.

We have tried unsuccessfully for years to book a tour of Detroit's Masonic Temple and are very excited to finally make it happen! Tour this architectural gem! The Masonic Temple is the world's largest since 1939 containing three theaters, three ballrooms and banquet halls, pool, bowling alley along with lodge rooms, offices etc. The neo-gothic architectural style uses a great deal of limestone, has 16 floors with 1,037 rooms. The cornerstone was placed in 1922 using the same trowel that George Washington had used to set the cornerstone of the US Capitol! It is listed on the National Register of Historic Places.

Lunch will be enjoyed on your own at one of the two Café's at the DIA.

Tour note: You will be on your feet both at the DIA and at Masonic Temple. There will be slow paced walking with limited opportunities to sit.

NOTE: Payment MUST be received by Tuesday, October 25.

Includes: Transportation by motor coach, entrance fees to both venues, gratuities, coffee and donuts.

Cost: \$99

Reservations Required



Motorcoach Trip

W.K. Kellogg Manor House

Historic Home Tour and Holiday Market

Tuesday, December 6

Depart 9:30am back by 4pm

Built on the highest point overlooking Gull Lake in 1926, the Manor House has awe-inspiring views and historic grandeur. W.K. Kellogg Manor House is the former estate of cereal magnate W.K. Kellogg and his wife, Dr. Carrie Staines Kellogg. Restored to its original grandeur in 2000, the home is rich with history and elegance with natural gardens around a lovely lakeside setting, making the Manor House truly a destination for all. The grounds include a carriage house with chauffeur's residence, greenhouse with potting shed, caretaker's cottage, boathouse, an authentic Dutch windmill, and a lakeside pagoda. The Manor is rich with history, and touring the Manor with our guides offers a history lesson that takes you to another era. Stroll through each holiday decorated room of the Manor and complete your holiday shopping with handmade items from vendors near and far.

Our lunch will be enjoyed at Gull Lake Country Club. This private club is situated on the lakefront of spectacular Gull Lake. Tucked away from the hustle of the city, this is a place for members, families and guests to relax and enjoy a bit of serenity.

Please select menu choice at time of registration.

A. Cranberry Pork Tenderloin - sauteed pork loin with caramelized shallot, garlic, fresh thyme, cranberries, marsala and light cream sauce.

B. Chicken Marsala - Sautéed chicken breast with mushrooms, Marsala demi-glace sauce served with whipped potatoes and oven roasted vegetables.

C. Lakefront Salad with grilled chicken - Arugula, grilled vegetable, pecans, parmesan cheese and a choice of dressing.

Includes: Transportation by motor coach, tour, lunch, gratuities, coffee and donuts.

Cost: \$87

Reservations Required



Volunteer Appreciation



**Christine Friedt
& Debi Andreano**
~Owners/Trip Escorts~

info@wetravel.club
616.389.0589 www.wetravel.club

Guided/Escorted Trips

Rome & Italy's Amalfi Coast
Confirmed Trip! April 23-May3, 2023

Coastal Maine
Confirmed Trip! June 23-29, 2023

Alaska Land & Sea
Confirmed Trip! July 26-August 6, 2023

Spotlight on the French Riviera
Confirmed Trip! Sept. 28-October 6, 2023

Full itineraries are available on our website or call & one will be mailed!

Although we specialize in escorted group travel, we also work with individuals with their ocean or river cruise or other vacations needs.

Book with the experts for no additional cost!

Pre-trip meeting included.

Contact us at 616.389.0589
info@wetravel.club wetravel.club

We can't thank you enough!

We appreciate our volunteers! You have probably seen our volunteer thank you message that we publish in each newsletter.

Did you know that we have one full time and three part time paid staff members? Volunteers do the rest!

Every time you go on a trip, a volunteer pulls your nametag and then puts it away for the next trip you are on.

Volunteer Ambassadors are at the Center each morning to greet, check people in for exercise, and help with other duties.

Volunteers set up, clean up, and greet you at the door. They water flowers, change seasonal decorations and handwrite luncheon nametags.

When we say we couldn't do it without you, we mean it!

Thank you!!

Help Needed

Ambassadors: Ambassadors work weekday mornings. We are looking to build our substitute list. Duties vary from day to day. Try it! If you don't like it, it's easy to step away. Training provided.

Decorating: Seasonal decorations at the center need to be updated 4x/yr. Decorations provided.

Contact us if you are interested in volunteering.

News You Can Use

We have new Program Assistant!

Marcie Bergstrom has a non-profit organization, A Light of Hope, that she established to bring dignity, hope, and revival to women in Haiti. She is also passionate about working within her local community and serving alongside senior citizens. Marcie enjoys camping, working out, and relaxing with her fur babies. She is married and has two college aged children.

We are updating our Payment Policy

Payments are due within 2 weeks of registration unless you are filling a spot from the wait list. Payment in this situation is due immediately.

Testing something new!

Our members have asked to receive publications electronically. If you are interested in receiving our event calendar and/or the newsletter via email, let us know! You can opt out at any time. If you want to receive the newsletter via email and paper, no problem! You will receive both. Send us an email if you are interested in trying it out!

What is an “encore”?

When we sell out an activity, we sometimes add on extra days or extra times on the original day. We call this an “Encore”. When we send your confirmation, we may indicate that you have been registered for an encore time or day. If you are unavailable for the encore time/day, you can be placed on the waitlist for the original time. If we don't hear otherwise, we will keep you on the encore time of the event.

Membership Renewal

We are pleased to announce that we are able to maintain membership fees at \$12 per year per person! Please have your payment to us no later than December 1 to ensure you receive your next newsletter in the mail. We have included a line on the payment form for you to include your payment with your activity payments from this newsletter for your convenience. Round UP! Give a year end gift to the Senior Center by “rounding up” your membership fee!

Tuesday? Tuesday!!

The January registration will begin TUESDAY, January 3 @ 9am, due to the holiday schedule. Mark your calendars now so you don't forget. Did I mention it is on Tuesday, not Monday? ;)

If you sign up, please show up.

We understand things happen, but we are experiencing a 10 - 20% no show rate on free events. Sponsors have provided gifts, and underwriters have been promised an audience. Please make every effort to come to these activities. It may be a free event to you, but not for our sponsors.

What is your favorite news item?

It's time for your freebie! Email or call us by December 1, 2022 and tell us specifically what your favorite news item was, and you will receive one free raffle ticket entered in the drawing on December 13, 2022. Need not be present to win. One entry per person.



Northview Senior Citizens

Payment Form

Name(s): _____

All payments are due within 2 weeks of registration unless otherwise indicated.

This form is for payments only. All registrations must be made via email or phone call.

DATE	PG	EVENT NAME	DUE DATE	COST	PAID
		Membership Fee	December 1, 2022	\$12	
11/2/22	3	Ukraine - Yesterday and Today		Free	Free
11/3/22	13	Art and Architecture	Tuesday, October 25	\$99	
Various	5	City Sights: A Minibus Tour	2 wks after reservation	\$11	
11/11/22	6	Jumpstart Your Holiday Shopping	2 wks after reservation	\$10	
11/15/22	7	November Luncheon	2 wks after reservation	\$8	
11/17/22	2	AFL Monument Man		Free	Free
11/25/22	8	Men's Breakfast Club	Pay your server	--	--
11/28/22	11	C & T Snowy Tree Planks	2 wks after reservation	\$37	
11/29/22	8	Bingo	Pay at the door	--	--
12/5/22	11	C & T Holiday Floral Centerpiece	2 wks after reservation	\$34	
12/6/22	14	W. K. Kellogg Manor House	2 wks after reservation	\$87	
12/8/22	4	Cooking Demo: Baking with Cheese	2 wks after reservation	\$12	
12/13/22	7	December Luncheon	2 wks after reservation	\$8	
12/16/22	10	New Member Breakfast		Free	Free
12/30/22	8	Men's Breakfast Club	Pay your server	--	--
1/10/23	7	January Luncheon	2 wks after reservation	\$7	
1/11/23	9	BGR SIX: The Musical	2 wks after reservation	\$79	
1/17/23	2	AFL King of the Ice		Free	Free
1/19/23	4	Cooking Demo: Winter Comfort Foods	2 wks after reservation	\$12	
1/24/23	8	Bingo	Pay at the door	--	--
1/27/23	8	Men's Breakfast Club	Pay your server	--	--
Other					
				Total	

Make checks payable to: Northview Public Schools

Mail to: Northview Senior Citizens | 4365 Hunsberger NE | Grand Rapids MI 49525

Northview Public Schools
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 Grand Rapids MI 49525

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Weekly Class Schedule

Mondays:

Cardio Drumming
 9:30 - 10:30am \$3.00 drop in fee

Stretch and Flex Exercise
 11:00 - Noon \$3.00 drop in fee

MahJongg \$1.00 drop in fee
 1:00 - 4:00pm

Tuesdays:

Crafting Group
 9:30 - 11:30 am \$1.00 drop in fee

Zumba Gold
 9:30 - 10:30am \$3.00 drop in fee

Wednesdays:

Cardio Drumming
 9:30 - 10:30am \$3.00 drop in fee

Cards and Coffee
 12:30 - 3:30pm \$1.00 drop in fee

Thursdays:
Wood Carving
 9:00 - 11:30am \$1.00 drop in fee

Zumba Gold
 9:30 - 10:30am \$3.00 drop in fee

Stretch and Flex Exercise
 11:00am - noon \$3.00 drop in fee

Fridays:

Tai Chi
 11:00am - noon \$3.00 drop in fee