

May 2024

Mon	Tue	Wed	Thu	Fri
29	9:15 am Off Beaten Path	1 10am Diabetes Class 2:30 pm AFL 50 States	9:15am Off Beaten Path 2pm Book Club #2	3 11am Holly's Tech by app
6 9am Registration Begins 11am Attorney by appt	7 1pm Bingo	8 10am Diabetes Class 2pm Men's Book Club	9 10:15 am Behind the Scenes Funeral Home 1pm Book Club #1	9:20 am Whitecaps Game
13 1pm C&T Quilt Square 3pm C&T Quilt Square	14 12pm May Luncheon	9:30 am Restaurant Hop 10am Diabetes Class	16 10am Advisory Board Mtg 12pm BGR: Wicked	17 12pm Movie & A Meal
1pm Book Club #3	21 10am Speak to a Geek	9:30 am Restaurant Hop 10am Diabetes Class	9:30 am Restaurant Hop	24
27 Memorial Day	28 2:30 pm AFL Mackinac Bridge	9:30 am Restaurant Hop 10am Diabetes Class	30 9:30 am Restaurant Hop	31 9am Men's Breakfast Club 9:30 am Restaurant Hop
Ongoing Weekly activities				

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Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:30a Cardio Drumming	9:30a Crafting Group	9:30a Cardio drumming	9a Wood Carving	9:30a Line Dancing
11a Stretch and Flex	9:30a Zumba Gold	12:30p Cards and Coffee	9:30a Zumba Gold	11a Tai Chi
1p MahJongg			11a Stretch and Flex	