

Mon	Tue	Wed	Thu	Fri
1	2	3	4 <b>Center Closed Independence Day</b>	5
8	9 1pm Ice Cream Social 6:30pm BGR MJ	10 10am Advisory Board Mtg 10am Diabetes Class 2pm Men's Book Club	11 7am Cranbrook/Holocaust Museum 1pm Book Club #1 2pm Book Club #2	12
15 11am Attorney by appt 1pm C&T Hat Burning 6:15 Circle Dynamic Duos	16	17	18	19 12pm Movie & A Meal
22	23 7:30am Brown Bag Mystery Trip	24 7:30am Brown Bag Mystery Trip 10am Diabetes Class	25 7:30am Brown Bag Mystery Trip	26 9am Men's Breakfast Club 9:15am New Member Breakfast
29 <b>9am Registration</b>	30	31	August 1	2 11am Holly's Tech by appt.

Ongoing Weekly activities

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:30a Cardio Drumming 11a Strength and Balance 1p Mahjonn	9:30a Crafting Group 9:30a Zumba Gold	9:30a Cardio drumming 12:30p Cards and Coffee	9a Wood Carving 9:30a Zumba Gold 11a Strength and Balance	9:30a Line Dancing 11a Tai Chi