

Mon	Tue	Wed	Thu	Fri
2 	3 9am Registration	4	5	6
9 Attorney By Appointment	10 12pm January Luncheon	11 10am Advisory Board Mtg 6:30pm BGR:SIX	12 1pm Book Club 2pm Book Club	13 Holly's Tech by Appt.
16 Realtor By Appointment	17 10am Speak to a Geek 2:30pm AFL: Polar Bear	18	19 10:30am Comfort Foods 1pm Comfort Foods 2:30pm Comfort Foods	20 TBD Movie and a Meal
23	24 1pm Bingo	25	26	27 9am Men's Breakfast Club
30	31	1	2	3

Ongoing Weekly activities

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:30a Cardio Drumming 11a Stretch and Flex 1p MahJongg	9:30a Crafting Group 9:30a Zumba Gold	9:30a Cardio drumming 12:30p Cards and Coffee	9a Wood Carving 9:30 Zumba Gold 11a Stretch and Flex	11a Tai Chi

