

Mon	Tue	Wed	Thu	Fri
29	30 1pm Downsizing Made Easy	31	1 10am Cooking Demo 1pm Cooking Demo 3pm Cooking Demo	2 Holly's Tech by Appt 1pm Holly – New Tech
5 Attorney By Appointment	6 1pm Attracting Birds	7 10am Diabetes Class	8 1pm Identity Theft 1pm Book Club 2pm Book Club	9
12	13 12pm February Luncheon	14 10am Diabetes Class 10am Advisory Board Mtg 2pm Men's Book Club	15 10:30am Heritage Rest.	16 TBD Movie and a Meal
19 1pm C/T Dot Mug 3pm C/T Dot Mug	20 10am Speak to a Geek 1pm Bingo	21 10am Diabetes Class	22 2:30pm AFL Medical Examiner (off site)	23 9am Men's Breakfast Club 9:15a New Memb Brkfst NOON Casino Club 🐟
26 Center Closed for Election	27 Center Closed for Election	28 9:45am Sneak Peek: Commonwealth 10am Diabetes Class	29 1pm Spring Bulbs	1 Holly's Tech by Appt 1pm Holly – Email Inbox

Ongoing Weekly activities

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:30a Cardio Drumming 11a Stretch and Flex 1p MahJongg	9:30a Crafting Group 9:30a Zumba Gold	9:30a Cardio drumming 12:30p Cards and Coffee	9a Wood Carving 9:30a Zumba Gold 11a Stretch and Flex	9:30a Line Dancing 11a Tai Chi