


December 2022

| Mon | Tue | Wed | Thu | Fri |
|---|--|-------------------------------|---|--|
| 28 1pm C&T Snowy Trees 3pm C&T Snowy Trees | 29 10am Speak to a Geek 1pm Bingo | 30 | 1 10:30am Heritage Rest | 2  |
| 5 1pm C&T Holiday Floral 3pm C&T Holiday Floral | 6 9:30am Kellogg Manor 10am Kellogg Manor | 7 | 8 1pm Baking w/Cheese 1pm Book Club 2pm Book Club 3pm Baking w/Cheese | 9 Holly's Tech By Appt |
| 12 | 13 Noon December Luncheon @ St. Jude's Church | 14 10am Advisory Board Mtg | 15 9:30am Kellogg Manor | 16 9:30 New Member Bfst 12pm Movie & a Meal |
| 19 Center Closed | 20 Center Closed | 21 Center Closed | 22 Center Closed | 23 Center Closed |
| 26 Center Closed | 27 Center Closed | 28 Center Closed | 29 Center Closed | 30 Center Closed 9am Men's Bfst Club |

Ongoing Weekly activities

| Mondays | Tuesdays | Wednesdays | Thursdays | Fridays |
|---|--|---|--|--------------|
| 9:30am Cardio Drumming 11am Stretch and Flex 1pm MahJongg | 9:30am Crafting Group 9:30am Zumba Gold | 9:30am Cardio drumming 12:30pm Cards and Coffee | 9am Wood Carving 9:30am Zumba Gold 11am Stretch and Flex | 11am Tai Chi |