



# Northview Senior Citizens

## Newsletter

## April & May 2023

### Senior Center Closed

Spring Break April 3-7  
Election May 1-2  
Memorial Day May 29

### Senior Center Spring Cleaning

Friday, April 14 from 1 to 3 pm.  
Help us usher in spring by joining others in “dusting off the shelves”. No heavy cleaning!  
Dessert and coffee immediately following.



**Thank you  
Volunteers!**  
We couldn't do it  
without you

### Contact Info

Make checks payable to *Northview Public Schools*

#### Mailing address

Northview Senior Citizens  
4365 Hunsberger N.E.  
Grand Rapids, MI 49525

#### Site of Program

Plainfield Senior Center  
5255 Grand River Dr. N.E.  
Grand Rapids, MI 49525

Christine Friedt, Program Director  
Holly Young, Program Assistant  
Terri Karafa, Program Assistant  
Marcie Bergstrom, Program Assistant  
616-365-6150 NorthviewSeniors@nvps.net

### Registration Date

**Monday, March 6 at 9 am**

(not one minute before) Registration opens for activities in this newsletter for members.

### How to Register

- Registration requests may be sent via email (NorthviewSeniors@nvps.net) or voicemail (616-365-6150) only!
- Email registration is preferred.
- Walk in registration is not available.
- Do **NOT** send any payment until you receive email or phone confirmation.
- Every effort will be made to respond to each registration request within three business days.
- If you are traveling with a friend, please register together to ensure you are scheduled on the same date. The person that registers is responsible for passing on confirmation information.
- Multiple calls and cancellations slow down the process for everyone, thank you for being courteous!

**We appreciate your patience!**

### Winter Weather Policy:

If Northview Public Schools are closed for a **SNOW DAY** then the Plainfield Senior Center will be closed for programming, and all events are cancelled.

# Apprentice For Life

## Apprentice for Life Lecture Series

Membership is not required to attend Apprentice For Life lectures.

\*Held at the Performing Arts Center at Northview High School @ 4451 Hunsberger\*

### Roads Less Traveled

**Wednesday, April 26 @ 2:30pm**

Hidden between the major highways of the US or flight patterns around the world are lesser-known destinations worth exploring and experiencing!

From Ohio's petroglyphs to Nevada's ghost towns or the temples of Laos to the jungles of Bolivia, or the rich cultural sites of Estonia or Armenia, less publicized gems can introduce you to mystery, beauty, and adventure that few experience. Join us for a journey down "roads less traveled."

About the Speaker: Gary L. Hauck holds a PhD from Michigan State University and is Dean Emeritus at Montcalm Community College where he continues to teach the humanities. He has explored all 50 of the United States and more than 100 countries on all 7 continents. He is the author of 20 books, including "Exploring Humanities Around the World." He lives in Plainfield Township with his wife of 50 years and near their four grown children and two grandchildren.

*Generously underwritten by  
Health Care Associates*

Providing a complete network of home care services to help patients stay in their home environment as long and as safely as possible. Family owned and operated for 42 years .

Cost: Free

Reservations Required

### When Good People Do Something

**Thursday, May 18 @ 2:30pm**

With all the horror stories of the Holocaust, we forget that sometimes there were people who responded with humanity. In one instance, it was an entire country that saved 98% of its Jewish population. Denmark was the only European country to save almost all of its Jewish residents from the Holocaust. After being tipped off about imminent roundups by prominent Nazis, resisters evacuated the country's Jews. Come hear Denmark's remarkable story!

We hosted Corinne Stavish, a national known storyteller, in 2019 and we were moved beyond words. This is a special program, delivered by a special person, that you will remember and be heartened by.

About the Speaker: Corinne Stavish has been a repeated featured storyteller at the National Storytelling Festival, was a Detroit Jewish Woman Artist of the Year 2001, and is a College Professor at Lawrence Technological University.

*Generously underwritten by Humana Inc.*

Darren Wilcox, your local Humana, Inc. agent, specializes in Medicare insurance including Medicare Advantage, Medicare Supplement, Prescription Drug Plans, Dental and Vision in the West Michigan area.

Cost: Free

Reservations Required

# Presentations

## 15-Minute Dinners for One or Two!

Thursday, April 13 @ 1pm or 3pm

Learn quick and tasty chef inspired make-at-home dishes like Pesto Chicken with Burst Tomatoes, Tortellini and Asparagus, Beef with Broccoli and Lemon Butter Shrimp with Zucchini Spears. The afternoon promises small plate tasting, culinary trained methods, and a fun enjoyable experience!

About the Chef: Jen The Ginger Chef is back! Jen graduated from the Secchia Institute for Culinary Education, holds multiple degrees and certificates and has a thriving personal chef business where she comes into your home and creates meals specific to your dietary needs.

Cost: \$12

Reservations Required

## Peace of Mind Seminar

Thursday, May 4 @ 1pm

Learn how planning for your final wishes may shield your family from unnecessary emotional and financial burden. It gives you an opportunity to make informed choices, compare prices and options and discuss your preferences with your family, resulting in peace of mind for yourself and your loved ones. Learn about pre-arrangements, veteran benefits, cremation, burials, and more.

Presented by: MKD Funeral Homes has been in business since 1937. Taking pride in serving our community and helping families during a very difficult and challenging time with quality and compassionate care.

Cost: Free

Reservations Required



**VISTA SPRINGS**  
*5 Diamond Services*



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# Presentations

## It's My Party, but I Care If You Cry, Too!

Wednesday, May 24 @ 1pm

Being a caregiver is challenging, and it requires sacrifices that most don't recognize. While at the same time, being cared for often feels like you're giving up your independence, being difficult or a burden.

This program is designed to help you better understand what a loved one and/or caregiver experiences as they go through the aging process with you and how you can work together to improve communication and the overall experience for you both. It's your life, your party, but your loved ones are a part of it and play an important role so it's important that you care if they cry too.

About the Speaker: Jen Koffman, owner of Grand Rapids Elderly Care, takes the guesswork out of finding the best senior care options for yourself or your loved ones.

Cost: Free                      Reservations Required

**Next registration date is  
Monday, May 1**

## Prayers and Concerns

Our condolences to the friends and family of Andy Belew, Al Eads, Don Feutz, Gayle Gooslin, and Julie Wheeler.

If you, or someone you know who attends Northview Senior events, have had a change in health status, please contact us.



Matthyse | Kuiper | DeGraaf

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### Locations Serving Our Community

Grandville | 4145 Chicago Drive SW, Grandville, MI 49418  
Kentwood | 4646 Kalamazoo Avenue SE, Kentwood, MI 49508  
Wyoming | 4031 Clyde Park Avenue SW, Wyoming, MI 49509  
Caledonia | 616 E Main Street, Caledonia, MI 49316  
Allendale | 6651 Scott Street, Allendale, MI 49401  
Stegenga Division | 3131 S Division, Wyoming, MI 49548  
Stegenga Belmont | 1601 Post Drive NE, Belmont, MI 49306

[www.mkdfuneralhome.com](http://www.mkdfuneralhome.com) 616.724.1800



VISTA SPRINGS

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# Outings

## Off the Beaten Path - Big Rapids

Wednesday April 19

Thursday April 20

Friday April 21

Depart at 10am, return by 3:30 pm

This popular annual event highlights area towns you may not be familiar with and gives you an opportunity to explore!

Historic downtown Big Rapids is a great place to visit and explore. It has quality restaurants, breweries, an ice cream shop and boutiques. Originally, the town grew and prospered from the vast forest of pine which was chopped and floated down the Muskegon River. The town sprung up around the Muskegon River.

This visit includes entrance to the Mecosta County Historical Museum. This Victorian home was built in 1873 and features many exhibits including: Items from the logging and railroad industry, suffragist Anna Howard Shaw memorabilia, military and local history collections.

Cost: \$13

Transportation by minibus

Reservations Required

## Is NOW the time to Downsize?

If you have lived in your home for many years, chances are your needs have changed. The market is changing. Get the facts you need to know to make a decision that meets your budget, timeline, and lifestyle.



[NextHome] CHAMPIONS



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Associate Broker  
& Northview Graduate

305 HOOVER BLVD. STE 400  
HOLLAND, MI 49423

for details visit  
[GRSavvySeniors.com](http://GRSavvySeniors.com)



### FREDERIK MEIJER GARDENS

Tuesdays @ 10 am

March 14th - Real Estate Savvy

What every senior should know

April 11th - Living, Dying and  
Leaving a Legacy

May 9th - How to choose a  
Condo you will LOVE

**Secure your spot today.**

Questions? Call Laura 616.724.7200

Email [LauraTKelso@gmail.com](mailto:LauraTKelso@gmail.com)

Visit [www.LauraTKelso.com](http://www.LauraTKelso.com)

# Outings

## Annual Restaurant Hop

Tues. 5/23

Thurs. 5/25

Tues. 5/30

Wed. 5/31

Thurs. 6/1

Fri. 6/2

**Depart 10 am, back by 5pm**

This annual favorite has us back in Holland for our twist to lunch and shopping! This “progressive” lunch is a three-course meal, each course at a different restaurant, with time in between to shop, browse or wander downtown Holland. Downtown Holland's beautiful Victorian architecture, brick sidewalks, and outdoor sculptures offer the perfect atmosphere for an afternoon out.

Our partnered restaurants are Waverly Stone Gastropub, Bowerman’s on 8th, and Crane’s in the City.

### First Course

A1 Chicken and Andouille Sausage Gumbo

A2 House Salad: spring mix, parmesan, grape tomato

A3 Apple and Bacon Salad: arugula, cucumber, grape tomato with apple and bacon

### Second Course

B1 Chipotle Chicken & Pineapple Sandwich: chicken breast, ham, swiss, pineapple, chipotle barbecue, chipotle aioli

B2 Blueberry Brie Grilled Cheese: brie, ham, spinach, blueberry coulis

B3 Avocado Cobb Salad: cheddar, tomatoes, cucumber, avocado, egg, ham, bacon, croutons. ranch (Can be GF)

B4 Bacon, Cheddar, & Caramelized Onion Quiche - plus a small side arugula citrus salad w/ dried blueberries & feta + blueberry coffee cake

### Third Course\*

C1 Apple pie

C2 Blueberry pie

C3 Rhubarb/Raspberry pie

C4 Cherry crisp

\*INDICATE a la mode or not



Please list all available dates AND menu choices for all three courses at time of registration.

Cost: \$47

Transportation by minibus

Reservations Required

# Circle Theatre

## Circle Theatre Presents:

### PLAYS

Time: depart 6:45 pm/back by 10:15 pm

#### **THE 25TH ANNUAL PUTNAM COUNTY SPELLING BEE- Thursday, May 4**

An eclectic group of six mid-pubescent's vies for the spelling championship of a lifetime. While candidly disclosing hilarious and touching stories from their home lives, the tweens spell their way through a series of (potentially made-up) words. Six spellers enter; one speller leaves! Winner of Tony and the Drama Desk Awards for Best Book. It has charmed audiences with its effortless humor and vibrant score. RATED: PG-13 Cost: \$33

#### **PIPPIN - Thursday, July 13**

Pippin is the story of one young man's journey to be extraordinary. Heir to the Frankish throne, the young prince Pippin is in search of the secret to true happiness and fulfillment. He seeks it in the glories of the battlefield, the temptations of the flesh, and the intrigues of political power (after disposing of his father, King Charlemagne the Great). In the end, though, Pippin finds that happiness lies not in extraordinary endeavors, but rather in the unextraordinary moments that happen every day. RATED: PG-13 Cost: \$34

### CONCERTS

Time: depart 6:15 pm/back by 9 pm

#### **SONGS IN THE KEY OF STEVIE WONDER - Monday, June 12**

Come & join us as we ride the Ribbon in the Sky through the catalog & life of one of the greatest musicians of all time. You're guaranteed to leave 'Overjoyed'. From the ultimate fan to the casual listener, every true music aficionado has at least one favorite song by Michigan's own Stevie Wonder. Cost: \$24

#### **BLUE COLLAR ROCK - Monday, July 24, 2023**

This salute to Blue Collar Rock music combines mainstream rock with narrative songs about working-class American life. Join us as we celebrate artists like John Cougar Mellencamp, Bob Seger, Bruce Springsteen, Bonnie Raitt, Tracey Chapman, John Fogerty, Linda Rondstadt, Tom Petty, and more. Cost: \$23

#### **THE BRITISH INVASION - Monday, Sep 11, 2023**

Come experience the cultural phenomenon that unleashed a creative music explosion that would change American rock and pop music forever. The British Invasion celebrates the British artistry of the Rolling Stones, Beatles, The Who, Eric Clapton, Petula Clark, Dusty Springfield, and more! Cost: \$22

Transportation by School bus and/or minibus.

# Ongoing Activities

Join us for Lunch and Entertainment!  
Held at the Senior Center

## April Luncheon

**Tuesday, April 18 @ noon**

Entrée: Orange Chicken and Rice  
Cost \$8

## May Luncheon

**Tuesday, May 9 @ noon**

Entrée: Pulled Pork Sandwiches  
Cost: \$8

# Help.

➔ **Holly Young**  
Tech Support

**616.308.8249**

[holly.jean.young@gmail.com](mailto:holly.jean.young@gmail.com)

## Movie & A Meal

This group enjoys going out for a movie and a meal together once a month. Each month the group coordinator selects a movie from the available options at theatres that week, and picks a restaurant to gather for a meal. Each month we send out an email informing everyone on the list of the movie and restaurant, and you can choose whether or not you want to attend that month.

Cost for the movie and meal are on your own.

**Contact us to be added to the list if you are not already on it.**

Our upcoming dates are:  
Fridays - April 21 and May 19



## VISTA SPRINGS

*5 Diamond Services*



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## Perfect moments found daily.

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Experience distinctive 5-Diamond personalized care and services at any of our area *Full of Life™* **Assisted Living and Memory Care** communities in the Grand Rapids Northeast area. Discover premier resort-style senior living with safety & affordability today!

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(616) 364-4690

**Vista Springs**  
**Riverside Gardens**  
Grand Rapids  
2420 Coit Ave NE  
(616) 365-5564

# Ongoing Activities

## Bingo

1pm at the Center - \$1 for 3 Bingo cards  
Prizes are grocery and household items.

**Tuesday, April 25**

*Sponsored by:* Emmanuel Hospice

As a faith-based provider of compassionate end-of-life care, Emmanuel Hospice is about creating hope and returning control to you and your loved one so you can decide as a family how best to live.

**Tuesday, May 16**

*Sponsored by:* Heron Woods

Small. Friendly. Affordable. Independent senior living in a convenient neighborhood setting. Offering spacious apartment suites.

Reservations required

## Speak to a Geek

**Hands on help provided by:  
The Kent District Library  
(held at The Senior Center)**

Bring your Laptop, tablet, cell phone, etc. with you and the “geek” will answer your questions! Drop in.

**Tuesdays - 4/25 & 5/23  
10am to 11:30am**

## **THANK YOU...**

To Humana insurance for being our newsletter Corporate Sponsor!  
We appreciate your contribution to our program!  
See their ad on page 12



**VISTA SPRINGS**

*5 Diamond Services*



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Grand Rapids  
2420 Coit Ave NE  
(616) 365-5564

# Ongoing Activities

## Holly's Tech Help

Friday, April 14

Friday, May 5

\$25 for 30 minutes, scheduled in advance.

## Ask a Realtor

By Appointment Only!

Monday, April 17

Monday, May 8

## New Member Breakfast

Friday, April 21

9:15 social time, 9:30 start

Have you joined the Senior Center in the past year? Are you considering joining but want more info? Come join us for breakfast.

*Generously underwritten by  
StoryPoint of Rockford*

Cost: Free

Reservations required

## Men's Breakfast Club

The last Friday of the month

April 28 and May 26

Meet us at New Beginnings Restaurant at 5200 Northland Dr. @ 9am. Breakfast is on your own dime. A casual get together without planned activities or agenda.

Reservations requested, but not required.

## Book Club

Thursday, April 13

Thursday, May 11

Contact us to join a group

## Free Attorney Consultation

By Appointment Only!

Monday, April 10

Monday, May 1

Thinking of senior living?  
This is your sign.



We are grateful to serve the seniors and families in our community, especially during this time of year. If you've been thinking about senior living, the time is now. Call us today!



616-326-2570 | StoryPoint.com 🏠 🐾

StoryPoint Rockford 2885 10 Mile Road NE, Rockford, MI 49341

STORYPOINT  
Senior Living

# Walking Tour Series

Grab your comfy shoes, get ready to walk, and learn about local gems. We utilize our audio touring guides which are an amazing asset to these tours!

**We walk rain or shine.**

\*Please note the varying departure times of the tours!\*

## **#1 Skywalking over Downtown Grand Rapids**

Friday, April 28

Time: 12:30 pm departure/back by 3pm

Grand Rapids can boast of a nearly one-mile-long skywalk, connecting many buildings and points of interest. Have you ever explored the path, with its many twists and turns, from start to finish? It's amazing what you can see from a slightly higher elevation! Learn the history of the city, see what's happening now, and imagine its future!

## **#2 Architecture Zoo Walking Tour in Downtown Grand Rapids**

Friday, May 5

Time: 12:30 pm departure/back by 3pm

This tour will take you by downtown architectural facade sculpture specifically consisting of animals...a sculptural zoo! During the second half of the 1800's, the U.S. was developing the talent, economic power, and taste for buildings grand enough to need architectural sculpture. The Beaux-Arts style dominated major public buildings, both across our growing nation and city, a style that depended on integrated figural sculpture for its aesthetic effect into the facade of the building.

## **#3 Discovering Rix in Ada, MI**

Friday, May 12

Time: 9:30 am departure/back by Noon

The story of this delightfully charming place we call Ada, actually began well before Rix Robinson arrived in 1821. Learn about the Indigenous peoples, the importance of the rivers, and then, the arrival of the fur traders. We will explore both the historical village of Ada and the new public amphitheater and riverfront park, and "just opened" retail, restaurants and residential options.

About the Tours: All walking tours are guided by our long time partner, Caroline Cook. Caroline is the owner of Grand Rapids Running Tours. She's a running enthusiast, a natural cheerleader, and a history nut. As a downtown dweller, she blended her two favorite pastimes, exercise and storytelling, and now narrates the fascinating tales of Grand Rapids lore to visitors, locals, conventioners, clubs and organizations.

Cost for each tour is \$15. Sign up for one, two, or all three!

Transportation to the start of each walking tour is by minibus.

# Motorcoach Trip

## Frankenmuth Fun

### Zehnder's with Frankenmuth or Bronner's Shopping

Thursday, May 11 Depart at 7:45 am return by 9pm

Enjoy Zehnder's famous family style chicken dinner and a show!

Motown defined the sound of soul music and popularized the genre in the 1960s. It is a hallmark in American pop, soul, and R&B recordings. Many iconic artists helped create the Motown sound. The band Soul Express will be playing many of our favorites from this time! Soul XPress Band is a rambunctious 7-piece funk/soul band that features a line-up of respected musicians. Members of the group have performed or opened with artists such as the Commodores, KC & the Sunshine Band, Rare Earth, Otis Day & the Knights, as well as Rock Legends such as Bad Company, Edgar Winter, Foghat and Davy Jones. Soul XPress is an exciting live act that ignites crowds with their exceptional showmanship and funky grooves.

You will also have a choice of shopping at Bronner's CHRISTmas Wonderland or the delightful shops of Downtown Frankenmuth.

Includes: transport by motor coach, meal, taxes, gratuities and entertainment, coffee/donuts.

Cost: \$115

Reservations Required

## Humana can help you choose a Medicare plan

### Find a Humana plan that fits your goals and your life

It's time to choose your 2023 Medicare plan, and Humana and I are here to help you understand your options. A Humana Medicare Advantage plan gives you everything you get with Original Medicare, and may have additional benefits and services that meet your healthcare needs. Humana offers these plans at attractive premiums.

### Call a licensed Humana sales agent



**Darren Wilcox**

**616-799-0297 (TTY: 711)**

Monday – Friday, 8 a.m. – 5 p.m.

[dwilcox6@humana.com](mailto:dwilcox6@humana.com)

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Humana is a Medicare Advantage HMO, PPO and PFFS organization with a Medicare contract. Enrollment in any Humana plan depends on contract renewal.

Y0040\_GHHXDHEN\_23\_SMAD\_M

# Motorcoach Trip

## Chicago H<sub>2</sub>O

**Tuesday, June 20 Depart 7am back by 10pm**

Our day begins by looking nature in the eye with a couple of hours at Chicago's world renowned Shedd Aquarium. View beluga whales, penguins, and so much more as you explore the world's oceans, lakes, rivers and reefs. Our visit ends with Shedd's 4-D Experience called Octopus: Blue Planet II that will tease our senses. Lunch will be enjoyed on-your-own dime and on-your-own time at one of the two cafe's.

If you are looking for the ultimate Chicago architecture and history experience this tour is for you! This tour has you "looking up" from a boat on the Chicago River. In just 90 minutes, we will get the best overview of Chicago's architecture and its history. The boat features an open-air deck, full-service bar and climate-controlled lower cabin. Immediately following the cruise we will walk a short distance to the Chicago Architecture Center (the CAC) itself. This exhibit includes the largest scale model of the city with more than 4,250 miniature buildings, interactive touchscreens and a cinematic backdrop animating key moments in its history.

Dinner is own your own at Cracker Barrel in Stevensville, MI on the way home.

Includes: transport by motor coach, entrance fees/tickets, taxes gratuities, coffee and donuts

Cost: \$164

Reservations Required



## Heron Community

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# Create & Take

Project photos are on our website, Facebook and the Senior Center bulletin board.

## Stamped Tea Towels

**Monday, April 24 @ 1pm**

The Honeysuckle Company is returning to teach us how to create stamped tea towels! Each participant will be stamping two natural colored tea towels measuring 21"x21" each. You will be able to select from a variety of beautiful stamps including patterns and monograms, using ink colors in lush shades of blue and green. Once you have stamped your towels, you will have a bit of homework to set the stamped towels, but no worries -- nothing more than pressing each towel with a hot iron after the inked designs have cured for 24 hours. Voila - you have two custom designed tea towels!

Cost: \$22

Reservations Required

## Thrillers, Spillers and Fillers!

**Monday, May 15 @1pm or 3pm**

Meijer Store Director, Adam Guerreno, is returning to show us how to plant and care for a Patio/Porch Pot Adam will be discussing "Thriller, Spiller and Filler" plants and how to create an eye-catching patio/porch pot using plants that fall into each of these fascinating categories. Each participant will be planting their own patio/porch pot (potting soil, variety of plants to select from and 10-12 inch patio/porch pot will be furnished). Join us for this educational and fun class -- let's get our hands dirty!! (No personal flower pots allowed.)

Cost: \$15

Reservations Required



**Christine Friedt  
& Debi Andreano**  
~Owners/Trip Escorts~

## 2024 Sneak Peek! *weGather*

We are excited to offer a Sneak Peek at two of our five 2024 itineraries!

~ Memorials of WWII featuring ~  
80<sup>th</sup> Anniversary of the D-Day Landing  
London, Normandy, Paris

~ Christmastime on the Danube ~  
Vienna to Nuremberg and Prague

~ Plus Fall 2023 - French Riviera trip  
**Wednesday, March 8 @ 1 pm**

~ PLUS ~

**Packing Tips for Any Travel**  
**Wednesday, April 5 @ 1 pm**

**Location: MKD/Stegenga**  
1601 Post Dr. NE Belmont RSVP to  
616.389.0589 [info@wetravel.club](mailto:info@wetravel.club)

## **Guided/Escorted Trips**

**Rome & Italy's Amalfi Coast**  
*Confirmed Trip! April 23-May3, 2023*

**Alaska Land & Sea**  
*Confirmed Trip! July 26-August 6, 2023*

**Spotlight on the French Riviera**  
*Confirmed Trip! Sept. 28-October 6, 2023*

*Full itineraries are available on our website or call & one will be mailed!*

# Read Watch Visit

We have three different activities that are designed to complement each other in our quest for knowledge! Feel free to participate in one, two or all three of the activities!

**READ:** Tuesday, June 6 @ 1pm Facilitated book discussion at the Senior Center

*The Secret Life of Bees* by Sue Monk Kidd centers on Lily's search for a connection to her mother who died in an accident when she was a toddler. Taking place in South Carolina in the 1960s, *The Secret Life of Bees* explores race, love and the idea of home in turbulent times.

About the Facilitator: Lisa Palczewski is a retired secondary and college English teacher.

Now she shares her love of reading through volunteerism. She has facilitated a number of our book discussions and does a wonderful job!

Cost: Free

Reservations Required

**WATCH:** Tuesday, June 6 @ 2:30pm at the Senior Center

*The Green Book* This 2018 award-winning movie is the story of Dr. Don Shirley, a world-class African-American pianist, who is about to embark on a concert tour in the Deep South in 1962. In need of a driver and protection, Shirley recruits Tony Lip, a tough-talking bouncer from an Italian-American neighborhood in the Bronx. Despite their differences, the two men soon develop an unexpected bond while confronting racism and danger in an era of segregation. Run time is 2 hours 10 minutes

Cost: Free

Reservations Required

**VISIT:** Wednesday, June 7, 2023

Discovering Truth (Motor coach trip) Departs 8:15am back by 5pm

We will be touring the Jim Crow Museum, the Idlewild Historic & Cultural Center and enjoying lunch in between. We also have a unique mystery stop!

The Jim Crow Museum, housed at Ferris State University, uses objects of intolerance to teach tolerance and promote social justice, giving a new perspective on racism in America.

The Idlewild Historic Cultural Center offers an insightful learning experience. It tells the story of the founders of Idlewild and the famous African Americans in all walks of life who visited and made their summer homes and permanent residences in this Lake County retreat with exceptional natural beauty.

Lunch will be enjoyed at the Chase Creek Smokehouse (Select at registration)

- A. 2 Pulled Pork Sliders
- B. BBQ Chicken
- C. Angus Burger
- D. Almond Chicken Cherry Salad

Includes: Entrance fees, lunch, motor coach transportation, driver gratuity and coffee/donuts.

Cost: \$79

Reservations Required

# Mackinac Island

## Mackinac Island - The Grand Experience

**Tuesday, October 24 - Friday, October 27** Depart 7am on 10/24 and return by 6pm on 10/27

We are pleased to offer the 2023 mParks (Michigan Recreation and Park Association) Grand Experience program, a partnership between mParks and the Grand Hotel. This unique travel program gives seniors the opportunity to stay at the luxurious Grand Hotel at a discounted rate. This 4-day, 3-night trip offers the best of Mackinac Island at a greatly reduced price.

They say Mackinac Island is famous for horse and carriage rides, being car-free, bikes, fudge, caramel corn and saltwater taffy. More than 20 percent of the island is part of the Mackinac Island State Park. It is considered one of the top places to visit in Michigan because of its beauty and rich history. The Grand Hotel is one of the most iconic places on the island and has been serving guests since 1887. It is ranked as one of the top 500 hotels in the world. You can enjoy spectacular views of the Straits of Mackinac from a rocking chair on the world's longest front porch!

Trip package includes: 3-nights at the Grand Hotel, 3 full breakfasts, 4 Grand Hotel Luncheon Buffets, 3 four-course dinners, champagne reception, nightly dancing and evening entertainment, Grand Hotel history lecture, carriage tour, and tournaments (bocce, golf putting/chipping), bingo, self-guided walks, movies, daily activities, round trip ferry tickets, roundtrip horse drawn taxi, and discounts on bike rental, golf, photos, and fudge! Boxed lunch will be served enroute on Friday returning to Grand Rapids.

The Fine Print:

- This program is for adults 50+. Only one person in each room needs to be 50.
- During the day, casual resort clothing is appropriate. Every evening is considered a special occasion. Men are required to wear a suit or sport coat, necktie and dress pants. No denim or shorts. Women are required to wear evening attire (dresses, skirts, dress slacks etc.)
- Most rooms have two double beds or one king size bed and are assigned by the hotel by luck of the draw. The hotel has 394 rooms with no two rooms the same!
- Please note that Mackinac Island has limited medical facilities.
- Additional fees will be charged for wine tasting, beading workshop, ballroom dancing and entrance to the fort.
- There are no refunds for this trip. Contact us if you are interested in travel insurance.

**Double occupancy:** \$1017 per person \$250 deposit due by June 1st. Must list roommate at time of registration. (Contact us immediately if you want help finding a roommate.)

**Single occupancy:** \$1257 per person \$500 deposit by June 1st.

**Final payment due August 15th.**

Includes: Accommodations at Grand Hotel, 3 breakfasts, 4 lunches, 3 dinners, coffee/donuts, transport by motor coach, driver gratuity, and listed activities. **Reservations Required**



# Northview Senior Citizens Payment Form

Name(s): \_\_\_\_\_

DATE	PG	EVENT NAME	DUE DATE	COST	PAID
4/13	3	Cooking: 15 Minute Dinners	2 wks after reservation	\$12	
4/18	8	April Luncheon	2 wks after reservation	\$8	
various	5	Off the Beaten Path	2 wks after reservation	\$13	
4/21	10	New Member Breakfast		Free	Free
4/24	14	Create & Take: Tea Towels	2 wks after reservation	\$22	
4/25	9	Bingo		--	--
4/26	2	AFL Roads Less Traveled		Free	Free
4/28	10	Men's Breakfast Club	Pay Your Server	--	--
4/28	11	Walking: Skywalk	2 wks after reservation	\$15	
5/4	3	Peace of Mind Seminar		Free	Free
5/4	7	Circle Theatre - Spelling Bee	2 wks after reservation	\$33	
5/5	11	Walking: Architectural Zoo	2 wks after reservation	\$15	
5/9	8	May Luncheon	2 wks after reservation	\$8	
5/11	12	Frankenmuth Fun	2 wks after reservation	\$115	
5/12	11	Walking: Ada, MI	2 wks after reservation	\$15	
5/15	14	Create & Take: Thrillers/Fillers/Spill	2 wks after reservation	\$15	
5/16	9	Bingo		--	--
5/18	2	AFL When Good People		Free	Free
various	6	Annual Restaurant Hop	2 wks after reservation	\$47	
5/24	4	It's My Party		Free	Free
5/26	10	Men's Breakfast Club	Pay Your Server	--	--
6/6	15	RWV: READ Secret Life of Bees		Free	Free
6/6	15	RWV: WATCH The Green Book		Free	Free
6/7	15	RWV: VISIT Discovering Truth	2 wks after reservation	\$79	
6/12	7	Circle Theatre - Songs/Stevie	2 wks after reservation	\$24	
6/20	13	Chicago H <sub>2</sub> O	2 wks after reservation	\$164	
7/13	7	Circle Theatre - Pippin	2 wks after reservation	\$34	
7/24	7	Circle Theatre - Blue Collar Rock	2 wks after reservation	\$23	
9/11	7	Circle Theatre - British Invasion	2 wks after reservation	\$22	
10/24-27	16	Mackinac Island	Deposit Due by 6/1 \$250/\$500		

Make checks payable to: Northview Public Schools

Mail to: Northview Senior Citizens | 4365 Hunsberger NE | Grand Rapids MI 49525

Northview Public Schools  
 4365 Hunsberger NE  
 Grand Rapids MI 49525

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**Weekly Class Schedule**

**Mondays:**

**Cardio Drumming**  
 9:30 - 10:30am                      \$3.00 drop in fee

**Stretch and Flex Exercise**  
 11:00 - Noon                      \$3.00 drop in fee

**MahJongg**                      \$1.00 drop in fee  
 1:00 - 4:00pm

**Tuesdays:**

**Crafting Group**  
 9:30 - 11:30 am                      \$1.00 drop in fee

**Zumba Gold**  
 9:30 - 10:30am                      \$3.00 drop in fee

**Wednesdays:**

**Cardio Drumming**  
 9:30 - 10:30am                      \$3.00 drop in fee

**Cards and Coffee**  
 12:30 - 3:30pm                      \$1.00 drop in fee

**Thursdays:**  
**Wood Carving**  
 9:00 - 11:30am                      \$1.00 drop in fee

**Zumba Gold**  
 9:30 - 10:30am                      \$3.00 drop in fee

**Stretch and Flex Exercise**  
 11:00am - noon                      \$3.00 drop in fee

**Fridays:**

**Tai Chi**  
 11:00am - noon                      \$3.00 drop in fee