Fundraising Raffle

Help us keep quality, affordable programming available to everyone!

Each year the Northview Senior Citizen program has sold raffle tickets to raise funds for our organization. Last year we did WONDERFUL and raised about $1,100 for our organization! We will be selling tickets from April 1st until the drawing on June 3rd. The drawing will be held at the June Luncheon.

**You do NOT need to be present to win.**

What we are asking:
That each person purchase $5 worth of tickets (6 tickets).

The winner will be awarded $150.00
Several gift certificates will also be awarded.

*Tickets can be purchased the following way:*
  Checks payable to Northview Public Schools
  1. At the center during events
  2. By mail at 4365 Hunsberger NE GR 49525
  *(Tickets will be mailed to you)*

Thank you for your support of our programs!

Bus Fund Update!

We are currently in negotiations for a mini-bus! We are very excited about the vehicle and will be announcing the news at future events as well as on our website as soon as it is finalized. We are close to this becoming a reality! Thank you to all who have contributed over the past 2 years! We couldn’t have done it without your financial support.

It is not too late to contribute! Donations will be accepted on an ongoing basis.

We will keep you posted!

Announcing our New Website!

We are excited to roll out our new web site at northviewseniors.org! Visit it often for the most up-to-date information. It is an easy way to introduce your friends to our organization as well.

A Special Thank You!

We had tremendous hands-on help and guidance with launching this web site from **Ken Robbins, Director of Marketing, at Pilgrim Manor.** Thank you for your time and expertise!

Also a heartfelt thank you to member, **Bob Heidenreich,** who was instrumental in helping Ken and will be keeping it updated. Thank you both!!
~ Outings ~

Dining at GRCC’s Culinary Arts Restaurant

The Heritage followed by a Mystery Tour

Wednesday, March 26th OR Friday, April 4th

This event will sell out in days!

The Heritage is a fine dining restaurant staffed by culinary school students from GRCC.

Cost: $23.00 includes lunch, gratuity, and transportation by school bus & tour.

Depart Plainfield Senior Center at 10:30
Depart Ambrose Ridge at 10:15*
*Only available if enough residents sign up.

Menus available at center ~ Call today!

The “411” on “911”
Life EMS Ambulance
Tour/Lunch-Wednesday, April 16th

* Limited space available.
This sold out quickly last year!
A catered lunch followed by a presentation about “911” & tour of the state-of-the-art 911 Dispatch/Control Center. Very Interesting!

About Life EMS: Since its inception in 1980, Life EMS Ambulance has consistently provided compassionate emergency care throughout West Michigan. 400 associates serve an area of over 3,700 square miles of West Michigan in 10 counties! They have over 60 state of the art life-saving pre-hospital care equipment ambulances with highly trained medical teams available 24/7. Life EMS is locally owned and operated and is proud to serve the communities they live in.

Depart center 11 a.m. Cost: $5

Great friends, staff and activities make it a great place to live and I would recommend this experience to any of my friends and family.—Ed

No Leases Staff Longevity
Entertainment/Activities 24 On-Site Care if Needed
Utilities Included Great Menu Variety
And Much Much More....................Call For A Tour Today!

“The building is great and the food is very good. But, the major reason I like it is the quality of the personnel. The staff is pleasant, attractive, fun-loving and care-giving. They are most helpful to residents and do so in a loving, caring manner.” Wayne

www.sentinelpointe.com
4th Annual Restaurant Hop
~ Holland ~
Try our twist to lunch and shopping!

Tues., May 27th OR Thurs. May 29th

We are supporting locally owned restaurants and businesses on this outing by eating and shopping locally! Our “progressive” lunch is a three-course meal ~ each course at a different restaurant ~ with time for browsing the shops and enjoying the downtown area in between.

Please give menu choices at time of reservation!

Soup or salad ~ Butternut Squash Bisque or Chicken and Rice or Spinach Almond Salad w/ dried cherries & bacon balsamic vinaigrette

Main course ~
1. Rustic Chicken and Portabella Pepper Penne Pasta - Roasted portabella mushrooms, onions, roasted garlic, roasted peppers, artichokes, spinach and sun-dried tomatoes tossed in a zesty marinara over penne pasta with grilled chicken
2. T.B.A. – All natural peppered turkey breast, thinly sliced and layered with avocado, applewood-smoked bacon, lettuce, tomato and onion with Chipotle aioli on grilled sourdough with French fries
3. Shepherd’s Pie - Ground beef, diced carrots, peas and onions in a rich gravy, topped with mashed potatoes and baked golden brown. Served with seasonal vegetable and locally made soda bread.
4. Black and Bleu Gorgonzola Salad - Cajun-dusted grilled steak, topped with crumbled gorgonzola cheese, tomato and onion rings on a bed of house greens with a chipotle gorgonzola dressing.
5. Salmon Sandwich - Grilled salmon served open-faced on rye bread with lettuce, tomato, onion and a pesto aioli.

Dessert ~ Palazzolo’s Raspberry gelato, Dark Chocolate mousse cake with milk chocolate sauce or Coconut panna cotta with pineapple, tapioca and cilantro.

Details:
10:00 a.m.  Depart Senior Center
11:15 a.m.  Soup at City Vu Bistro
12:45 p.m.  Main course/Curragh Irish Pub
3:00 p.m.  Dessert at Butch’s Dry Dock
4:45 p.m.  Return to center

Cost: $36 pp
Price includes the 3-course meal, beverage at The Curragh, coffee at Butch’s, gratuities and transportation by school bus (mini-bus if purchased)

Reserve today!  Payment due by April 15th

Upscale Facility
without an Upscale Price

- Family owned & operated
- The Stegena price guarantee
- Dedicated, professional and caring staff
- Modern, spacious facility with adjoining Community Life Center

1601 Post Dr. NE, Belmont (just off US-131, Exit 95)

616.866.7200
Kurt B. Stegena, Owner/Manager
Have you had “The Other Talk” Book Discussion
Monday, May 5th @ 1 p.m.
Cost: FREE

It was a rite of passage for you to have “the Talk” with your kids about the beginning of life (as in the birds and the bees). As you get older, though, you need to have the Other Talk — that is, about the end of life. And you need to have it now, not after a crisis hits.

With this book, you can take control of your life so that when the time comes, your kids can make decisions based on what you want. The Other Talk gives you the inspiration, practical advice and communication tools you need to have open, honest discussions on tough subjects. Unlike other books that help adult children who are thrust into a decision-making role, this unique approach gives you, the parent, the tools you need to develop a strong partnership with your kids to plan for your later years.

Please read the book “The Other Talk” prior to attending. Christine is trying to arrange for multiple copies to be available through the library or available for sale through her. She can tell you more when you sign up.

About the Moderator: Laura Veeneman works at the Plainfield Township Branch of Kent District Library as an Adult Services librarian. She was an academic librarian at GVSU for 18 years and has been an ordained minister since 2006. She also volunteers for Hospice and a variety of non-profit organizations. Over the past three years her immediate family experienced the death of two family members and a third who developed a brain trauma which resulted in a “new normal” for the “rest-of-your-life” issues.

80 women enjoyed Wendy’s program last spring about “A Victorian Lady from the Inside Out”. She returns with a different presentation that is sure to be just as entertaining and delightful!

"Victorian Secrets”
The Language of Flowers
Thursday, May 8th @ 1 pm

Discover the charming and all-but-lost art of communicating the Victorian way - through the "Language of Flowers". Learn how elegant fans were used to flirt across a crowded ballroom, see authentic vintage calling cards, fans, postcards and antique books that were a part of every Victorian’s life.

Reservations Needed Cost: $9

On-site Cooking Demo’s
Our February/March classes sold out quick!

Thursday, April 24 @ 1 p.m.
Sauces of Italy
Tired of jarred marinara sauce? You can make a variety of easy and delicious Italian sauces right in your own kitchen. Leave with recipes to add to your collection- You’ll never be bored with noodles again!

Thursday, May 22 @ 1 p.m.
Cooking Healthy & Delicious the Mediterranean Way
Discover the health benefits of a Mediterranean diet and how to make it a part of your lifestyle. The class will take you on a journey around the Mediterranean by sampling delicious menu items and introducing you to new recipe ideas.

Each class is $7 with limited seating. Payment due 30 days prior to event date.
March 19th @ 11 a.m. 
Rehab Options: How Do I Decide?

Facing surgery or wanting to be educated about your options in case of future health crises like a fall? Learn what your rehab choices are and how to evaluate them. Know what your options are before making a decision. This is an opportunity to learn about what options are available when you need care either foreseen or unforeseen. Topics covered will include: what care options are available, what to expect with different levels of care, when care is needed, and what to look for at each level.

Presentation by: Kevin Hagler, Outreach Coordinator Covenant Village of the Great Lakes.

In Partnership with 
Kent District Library
Meeting at the Plainfield Senior Center

Speak to a Geek!
Vexed by your NOOK? Troubled by tables in Word? Get walk-in help from friendly Kent District Library staff members who are available to help with eBook devices, email, digital photos and all things computer. Stop by anytime between the stated hours. Bring your eBook device, laptop, cell phone etc. with you!

Drop in dates and times:
Tuesday, March 18, 9:30 – 11:00 AM

March 20th at 1 p.m.
Amazing Circles Workshops
I’m Dying to Talk with You

Dave Kampfschulte has been in the hospice field for 25 years as a volunteer, author, and educator. Plan on spending a thoughtful and entertaining session as he relates his experiences of interacting with patients and families at the end of life with stories that range from the unusual to ones that will bring tears to your eyes. You will leave with some unexpected new insights about a subject that is usually avoided at all costs, but one we all have to face. Get a glimpse of how others have dealt with it as they have planned for themselves or initiated conversations with loved ones, as they have walked the path before you - you might just be pleasantly surprised. Sponsored by OLLI (Osher Lifelong Learning Institute) at Aquinas College. They offer stimulating classes for seniors throughout the year. If you want to know more about learning for the fun of it, please check it out at www.aquinas.edu/olli or 632-2430. Cost: FREE

Tuesday, April 22nd
Spring Cleaning at the Center!

Beat the winter Blahs by joining others in “dusting off the shelves”!

10:00 a.m. Cleaning “party” starts! Light lunch served immediately following clean up

Contact Christine to sign up! 365-6150
~ Day Trips ~

Lansing & Surroundings
Wednesday, June 25th

Highlights: Riverboat cruise on the Grand River aboard the Michigan Princess with entertainment; luncheon buffet*; guided tour of the John C. Blanchard House in Ionia; Tour of the Corunna Historical Village; Tour of Curwood Castle in Owosso; transportation by motor coach; all taxes and gratuities included;

*Lunch buffet: roasted turkey, vege lasagna, mashed potatoes, sweet potato casserole, stuffing, assorted salads and vegetables, roll and dessert.

Details: Depart center at 8 a.m.
Depart Ambrose Ridge at 8:15 a.m.
(only if enough residents sign up)
Return at approximately 6:00 p.m.

Cost: $89.00 $25 deposit due within one week of reservation with the balance due May 14th. You may always pay in full within 7 days of your reservation.

Motown and Mobsters!
In the Windy City of Chicago!
Wednesday, July 9th

Da Tour: We start off our adventure by escaping into Chicago's underworld on a crime and mob tour. Some of the world's most famous criminals, mobsters and gangsters bamboozled their way through Chicago. We will have a step-on guide giving us a historical perspective while enjoying sightseeing of many famous Chicago crime scenes from the 19th century through modern times.

Included Lunch: Opened in 1974, Giordano’s has been acclaimed “Chicago’s Best Pizza” by NBC, CBS Chicago, New York Times, Chicago Magazine, and many others.

Menu: salad, pizza, pasta & dessert.

Broadway Play: MOTOWN THE MUSICAL is the true American dream story of Motown founder Berry Gordy's journey from featherweight boxer to the heavyweight music mogul who launched the careers of Diana Ross, Michael Jackson, Smokey Robinson and so many more. Featuring classic songs such as “My Girl” and “Ain’t No Mountain High Enough,” MOTOWN THE MUSICAL tells the story behind the hits as Diana, Smokey, Berry and the whole Motown family fight against the odds to create the soundtrack that changed America. Now, experience it live on Broadway in the record-breaking smash hit!

Transportation by motor coach, taxes/gratuities incl.

Details: Depart center at 7 a.m.
Depart Ambrose Ridge at 7:15 a.m.
(only if enough residents sign up)
Return at approximately 10:00 p.m.

Cost: $137.00 $25 deposit due within one week of reservation with the balance due May 28th. You may always pay in full within 7 days of your reservation.

~ Day Trips ~

Detroit Tigers vs Chicago White Sox at Comerica Park!
Thursday, July 31st

Details: Depart center at 8:00 a.m.
Depart Ambrose Ridge at 8:15 a.m.
(only if enough residents sign up)
Return at approximately 8:30 p.m.

Cost: $99.00 $25 deposit due within one week of reservation with the balance due June 19th. You may always pay in full.

Transport by motorcoach & ticket are included
A stop for dinner-on-your-own.
Wagon Wheel Theatre presents The Marvelous Wonderettes!
Thursday, August 21st
This wonderful theatre in the round is located in Warsaw, IN. Join us for this musical comedy with pop songs from the 50s and 60s, sung in four-part harmony! They perform first as a last minute replacement for the prom, and again at their ten-year school reunion. Opening with favorites like “Mr. Sandman” and “Lollipop”, their thirty-plus hits repertoire will include “I Only Want to Be With You” and “Leader of the Pack”. We will enjoy an included meal at Topeka, IN at The Carriage House. It is a fresh, homemade Amish meal served family-style. We will be stopping at Panera Bread for dinner on-your-own on the way home.

Transportation by motor coach, taxes/gratuities incl.
Details: Depart center at 8 a.m.
Depart Ambrose Ridge at 8:15 a.m.
(only if enough residents sign up)
Return at approximately 9:00 p.m.
Cost: $99.00 $25 deposit due within one week of reservation with the balance due July 10th. You may always pay in full within 7 days of your reservation.

Original Date is Wednesday, May 21st
ENCORE DATE:
Thurs, June 12th -7 Seats available
Southern Exposure Herb Farm Workshop & Luncheon
English Garden Hypertufa Troughs with Old World Dining
Spend an afternoon learning how to form a hypertufa container and fill it to the brim with plants. Prior to the workshop, we will enjoy a wonderful feast with recipes from England.

Cost: $79 pp Depart center: 9:45 a.m.

FIRE KEEPERS CASINO!
Plus Bingo!
Included Dinner ~ Schuler’s Restaurant
Wednesday, April 2nd
PLUS!! $20 in Promotional Dollars (slots OR Bingo) and a $5 Food Voucher.
Depart center 9:00/Ambrose @ 9:15
Arrive back at approx. 7:30 p.m.
Offered through Gail Andrus Travel and includes: transportation via motor coach, a visit to Firekeepers Casino, promo dollars, dinner at Schuler’s, all taxes/tips plus coffee/sweet rolls.

$65 per person ~ Sign up Today!

“LES MISERABLES”
Drury Lane Theatre, Outside Chicago
Wednesday, April 23rd
“Les Mis” has been seen by more than 65 million people and is still breaking box-office records everywhere in its 28th year. Set in 19th-century France, this is an enthralling story of broken dreams and unrequited love, passion, sacrifice, and redemption – a timeless testament of survival of the human spirit.

Drury Lane is known for their high quality productions and award winning theatre which makes it one of Chicago’s premiere theatres.

Dinner on own at Cracker Barrel in Stevensville/MI
This trip is offered by Gail Andrus Travel exclusively for Northview Seniors. Transportation via motor coach. A delicious luncheon and the matinee performance, coffee and sweet rolls, taxes and gratuities for everything listed.

Depart center at 7:15 a.m.
Depart Ambrose Ridge at 7:30 a.m.
(only if enough residents sign up)
Return at approximately 10:00 p.m.
Cost: $109.00 Full payment due now
Apprentice for Life Lecture Series
This lecture series provides an eclectic offering of speakers on a variety of topics.
FREE events Reservations are needed.

Featuring ~ Valerie vanHeest
Author of Fatal Crossing: Solving the Mystery of NWA Flight 2501-the Worst Aviation Disaster of its Time
Tuesday, March 25th @ 1 pm

As a furious squall swept down Lake Michigan on June 23, 1950, a DC-4 with 58 souls on board flew from New York toward Minnesota. Minutes after midnight the captain requested a lower altitude as he began crossing the lake, but Air Traffic Control could not comply. That was the last communication with Northwest Airlines Flight 2501. Human remains washing up on the beaches of West Michigan served as evidence of the country’s worst commercial aviation disaster. The Navy and Coast Guard never located the wreck, rendering it impossible to determine a cause for this tragic accident.

Over a half century later, nationally acclaimed author and explorer Clive Cussler teamed up with V. O. van Heest’s Michigan Shipwreck Research Association and set out to do what the government had been unable to do: discover the wreckage and solve the mystery of its loss. Van Heest’s unexpected meeting with a victim’s son prompts a search of a different kind, one that would be more illuminating than submerged sections of twisted aluminum. Learn firsthand the unfolding series of events that reveals that the answers are sometimes found in unexpected places.

March generously underwritten by Always Best Care Senior Services
ABC Senior Services provides in-home care and independent & assisted living placement services. Free consultations are given to determine what all your options are. They accompany you on tours of the best matched communities and provide unbiased info on any and all senior living options at no charge to you.

Experience South Africa!
Tuesday, April 29th @ 1 pm

Dan Gariepy will be sharing his experiences in South Africa with a presentation that includes aspects of South African history, encounters with South African wildlife, and geographical points of interest. His travel programs are structured to be simultaneously informative, engaging, participatory, and just plain fun!

About the Presenter: Dan Gariepy is a professional piano player and recording artist, director of a ministry that works in the East African region, and an enthusiastic world traveler who has visited over thirty different countries. He holds a bachelors degree in International Studies from Miami University and a master's degree in Poverty Reduction from the University of London, UK.

~ Featuring ~
Todd & Brad Reed Photography presenting “A Photographic Michigan Tribute”
Tuesday, May 20 @ 1 pm

This program is the culmination of a year documenting the beauty of this state. Join Todd and Brad in their journey through their photos, videos and writing.

About the Presenters: Todd and Brad are a father/son team that has a gallery in Ludington. Awarded the 2014 Michigan Notable Book.

April and May are both generously underwritten by Sentinel Pointe Retirement Community
This full-service retirement community is nestled in an 18 acre campus comprised of private woods, a spacious courtyard and the view of your choice. They treat their residents like family!
~ Traditional Favorites ~

**Tuesday, April 15th at Noon**

**Spring Luncheon**

*Menu:* Fish (cod) with corn muffin, cole slaw, chips, jello and dessert.

*Reservations due and paid by April 9th*

*Cost:* $5.00  

*Paid in Advance*

*Thanks to* 
Gayle Gooslin and Betty Worst & committee

~ ~ ~ ~ ~ ~ ~ ~

**Tuesday, May 13th at Noon**

**Mother’s Day Luncheon**

*Menu:* Pulled pork sandwich with baked beans, potato salad, applesauce and dessert.

*Reservations due and paid by May 7th*

*Cost:* $5.00  

*Paid in Advance*

*Thanks to* 
George and Vickie Cook & committee

~ ~ ~ ~ ~ ~ ~ ~

~ Ongoing Programs ~

~ Lunch and a Movie ~

This group of members enjoys going out to lunch once a month followed by a movie. Some only come for the lunch and that is fine too!

**March 21, April 25th, May 16th**

If this is something you would like more info about ~ please contact Pat Arbour at 822-9938 or pjaarbs@gmail.com ~

~ Free Attorney Consultations ~

If you are interested in this 30 minute free counseling session, please make your appointment by contacting Christine 365-6150 cfriedt@nvps.net

~ Book Club ~

**New Members Wanted!**

A few spots are open to join in. We are utilizing Kent District Library’s “Book Club in a Bag” program which allows book clubs to check out 12 copies of each selection so no purchase of a book is needed!

*They typically meet on the second Thursday of each month at 1:00 pm. at the senior center.*

This is an ongoing group and has a few openings.

**Dates: April 3rd and May 8th**

Contact Christine ~ 365-6150 or cfriedt@nvps.net

~ Choir Members Needed! ~

The Silvertone’s Choir shares their love of music to area assisted living and retirement communities to bring the gift of music to those who live there.

They practice every Friday at 1 p.m. from September to mid-December and March to mid-May at the Plainfield Senior Center. They perform approximately once a month.

Contact Christine for more information!

~ Bingo ~

Join others as they enjoy bingo with grocery items as prizes each month. Enjoy the fellowship, fun and refreshments!

*$1 drop-in fee ~ no reservations necessary!*
Mondays

**Zumba Gold® for Seniors** 9:30 – 10:30 a.m.
Class fee: $3 drop in fee/$7 if under 60

Zumba Gold® – Zumba Gold targets the largest growing segment of the population: baby boomers. It takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Zumba Gold is the perfect fit. It’s a dance-fitness class that feels friendly, and most of all, fun.

**Stretch and Flex Exercise** 11:00 - Noon
Class fee: $1 drop-in fee

This class combines gentle stretching along with toning exercises to maintain and increase strength and flexibility. Some of these exercises are done seated and some from a standing position.

**Mah Jongg** 1:00 p.m.
Class fee: $1 drop-in fee

A fascinating gin rummy-like game played w/ tiles.

Tuesdays

Crafts for ‘Tis the Season Marketplace
9:30 to 11:30 AM

This group is working on all sorts of crocheted, knitted and quilted projects and would love others to join them. If you are a little bit “crafty” ~ or a lot come join the fun & help craft items for our event.

*Contact Sue Morrow at 916-3634 or smorrow4955@gmail.com*

Wednesdays and Fridays

**Yoga/Pilates for Seniors** 9:30 - 10:30 a.m.

Class fee: $3 drop in fee/$7 if under 60

Designed for those that wish to lead an active fit life. The exercise poses are suitable for all levels of fitness with modifications using a chair as an available option.

**Wednesdays**

**Balance Class** 11:00 a.m.
This class focuses on improving your balance and decreasing the risk of falls.

**Bridge** 12:30 p.m.

**Samba** – Card game 12:30 p.m.

**Other Card Games** 12:30 p.m.

Class fee: $1 drop in fee

**Thursdays**

**Line Dancing** 9:30 – 10:30 a.m.
Class fee: $3.00 drop in

Join others who enjoy a variety of music and line dances. *Come at 9:00 a.m. if you want help or need a refresher prior to the class starting. Class runs from 9:30 to 10:30 a.m.*

**AFEP Exercise** 11:00 – Noon
Class fee: $1 drop in

The Arthritis Foundation Exercise Program is a fun and invigorating recreational exercise program, led by a certified instructor. *It is effective for everyone but safe for those who have Arthritis!* The program increases joint flexibility, strength and endurance, decreases pain and stiffness while improving your posture.

**Wood Carving Group** 9:00 - 11:30 a.m.
Novice or experienced wood carvers gather to learn, practice and work on their projects each week.

**Fridays**

**Silvertone’s Choir Practice** 1:00 p.m.

Contact Christine
For information about joining.
**Thank You’s:**

~ Luncheon Chairs/Co-Chairs: February – Marie Dennie and Beverley Belluomini; March – Fran Kazmierski and Sharon Pickerd and all the committee members who helped! Our luncheons run like clock-work due to all of your efforts!

~ Newsletter assembly: Cliff Bartrum, Wayne and Jane Cassell, Alice DeLarosa, Marcia Duvall, Glenda Emmons, Marge See, Cel Truesdell, Thelma Vis, Corrine Weeks, Lois Wetzel and Doris Winters. Our mailing list is nearly 1,000 households! What a job!

~ Decorating the center for winter: Pat Arbour, Vickie Cook, Gayle Gooslin and Nancy Pulte. It looks great!

~ Lucy Layman and Willie Schrier (with step in help from Gayle Gooslin when needed!) for the event sign ups available at most events. It gets chaotic at times! Thank you!!!

Member, Judy Schmitt, took on the BIG project of sewing and embroidering ALL the new vests for our Silvertone’s Choir! She is an outstanding seamstress who took on this big job. Thank you for updating the look of our choir!

**Did You Know?**

. . . our luncheons are selling out well before the reservation date? If you enjoy the luncheons please make your reservations early

. . . except for monthly luncheons, checks are preferred as payment.

**Advisory Board**

We say a heartfelt thank you for the many year Mike Bolhuis has served as an Advisory Board member. He not only served on the board but put in hundreds of hours with the Fancy Steppers Line Dancing Group that we had at the center years ago as well as driving the van that the program owned many years ago. You served us well for so long. Thank you Mike!

**Help Needed!**

*We have various areas where we could use some additional help.*

~ Set up/clean up for each of Apprentice for Life lectures on: Tuesday, April 29th & Tuesday, May 20th

~ Set up/Clean up for the Appreciation Lunch on Tuesday, April 1st

~ Willing to help once or twice a year for monthly luncheon set up (day prior to luncheon) and clean up (immediately following luncheon).

Thank you for considering these opportunities! Contact Christine if you are able to volunteer @ 365-6150 or cfriedt@nvps.net

**Prayers and Concerns**

Gerie Anderson, Margaret Balkcom, Willie Bradley, Fred Despres, Lee Marcusse, Tom Piotrowski and Alma Rose

Nursing Homes: NEW Mike Bolhuis – Brookcrest; NEW Angie Nivala – Edison Manor; NEW Emily Rosendall - Heron Manor;

Alice Reames and Bernice Breen – St. Ann’s Home; Angelo Tiberio, Betty Lunger -Clark Retirement; Norb Fisher, Lynette Hafer, Joan Martin and Ruth Bumstead - Pilgrim Manor; Doris Johnson and Maxine Melinn – Vista Springs Northview; Dorothy Stocks - Carson City; Marie Jones – Heron Manor; Lorraine Walsh and Evelyn VanTimmeren – Bishop Hills; Harriet Gillesse – Christian Rest Home.

If you, or someone you know who attends Northview Senior events, have had a change in health status, please contact Christine @ 365-6150.

CHANGE in future editions: When we are informed that someone moves to a new residence we are happy to print it. After that initial time we will not be listing it.
April Activities
1. Appreciation Lunch – by invitation
2. Firekeepers Casino departs @ 9 a.m.
3. Book Club @ 1 p.m.
4. Heritage and tour departs @ 10:30 am
CENTER IS CLOSED 7TH TO 11TH
14. Attorney from 11-1 by appointment
15. Spring Luncheon at Noon
   RSVP by Wed. April 9th
16. LIFE EMS Tour departs @ 11 a.m.
22. Spring Cleaning @ 10 a.m.
22. Bingo @ 1 p.m.
23. Les Mis/Chicago departs @ 7:15 a.m.
24. Cooking Demo @ 1 p.m.
25. Lunch ’N Movie – time TBD
29. Experience South Africa lecture/1 pm

May Activities
1. Advisory Board meeting @ 10 a.m.
5. Attorney from 11-1 by appointment
5. “The Other Talk” discussion @ 1 p.m.
6. CENTER IS CLOSED – ELECTION
8. Book Club at 1 pm
8. Victorian Secrets @ 1 p.m.
13. Mother’s Day Luncheon at Noon
   RSVP by Wednesday, May 7th
16. Lunch ’N Movie - time TBD
20. Michigan Tribute lecture @ 1 p.m.
21. Southern Exposure departs @ 9:45
22. Cooking Demo @ 1 p.m.
26. CLOSED – MEMORIAL DAY
27. Bingo @ 1 p.m.
27. Holland Restaurant Hop departs 10 am
29. Encore Holland Hop departs @ 10 am

Maggie’s Attic Donations
Still spring cleaning? Don’t forget to donate your household items to Maggie’s Attic. This annual sale benefits our programs. We take everything except furniture, linens and clothes. Drop them off at the center whenever programs are offered.

Gail Andrus
TRAVERSE CITY

Specialized in providing complete motor coach packages for individuals, groups and charters.

New York City!!
April 7-12, 2014
Professionally guided city tour, visit the National September 11 Memorial, Intrepid Museum, Liberty and Ellis Islands and more!
$1,199.00, p.p.d.o

“Branson” Your Way!
April 29-May 3, 2014
Enjoy a two-night stay in Branson, MO at the Welk Resort Hotel and choose four out of eight pre-selected show options of your choice. Overnight stay near St. Louis en route and on the return trip home.
$679.00, p.p.d.o

Columbus Zoo w/ Jack Hanna
September 19 & 20, 2014
Meet Jungle Jack Hanna for breakfast at the Columbus Zoo & Aquarium and dig for fossils in Toledo, Ohio. A wonderful intergenerational learning tour!
$249.00, p.p.d.o

FLORIDA: FEBRUARY 2015
We are already planning a wonderful tour to Florida next winter! Call and put your name on our list to receive the most up-to-date information when it becomes available.
For more detailed tour information, please call or visit our website:
1-800-532-2431
www.gailandrus.com
Navigating today’s health care system can be confusing and frustrating.

Pilgrim Manor is here to help assure freedom of choice and enhanced quality of life by offering several support options:

- Home & Memory Care
- Rehabilitation Therapy & Respite Care
- Assisted Living & Skilled Nursing Care

Pilgrim Manor
Together in Life’s Journey

PilgrimManor.org | 616-458-1133
2000 Leonard Street, Grand Rapids, MI 49505

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Live Independent. Live Free.

- Fully equipped, spacious apartments
- Inviting patios and walk-out balconies
- Convenient, neighborhood setting
- Full meals available in the dining room
- Weekly housekeeping
- Transportation to local businesses
- Variety of activity opportunities
- Outdoor gardens and walking trails
- Additional Home Health services available

Heron Woods
Independent Living Apartments

Heron Manor
Assisted Living Apartments

Live Life with a Little Support.

- Spacious apartment suites
- Private kitchens and bathrooms
- Newer, modern “green” community
- Medicine set-up & monitoring
- Diagnostics (labs, blood sugar, etc.)
- Assistance with activities of daily life
- Home cooked meals
- Housekeeping and laundry
- Beauty salon, spa & activities

HERON WOODS
2110 Leonard St. NE
Grand Rapids, MI 49505
(616) 454-9603
www.heronwoods.org

HERON MANOR
2106 Leonard St. NE
Grand Rapids, MI 49506
(616) 233-3282
www.heronmanor.org